



SASHA – A Case of Hypothyroidism

When I first met Sasha, she suffered from alopecia and her hair was dull and thin. Her skin was often red and hot to feel with scabs forming at various times. She had been diagnosed with hypothyroid disease, but despite medication over a period of 6 months, her coat and skin had not improved significantly. The first plan of attack was to get Sasha onto a more natural diet. In addition we added into the diet a good Omega 3 oil, Skin and Coat formula (from Vets All Natural). In addition a course of tissue salts to support the skin and coat. A constitutional approach to managing Sasha homeopathically was also adopted and over a period of 6-9 months, a number of homeopathic remedies were used. For a short period of time, Sasha was also on Transfer Factor capsules to support the immune system. With these changes and the dedication of Sasha's mum, Cherie, Sasha's life turned the corner and she once again presented as the healthy, agile dog she is today. The change in diet continues, but we have not needed to continue with the homeopathy, tissue salts nor all of the supplements that were originally used to "kick start" Sasha's healing process. No bald patches, yippee!

Thanks a lot Helen, I've never seen her with a full coat of hair in her nine years.

Cherie Baldwinson, Sashas's "mum" – Penrith NSW