



## PUPPY FOODS AND DIETS

### Meats that you can use :

- Kangaroo
- Chicken
- Lamb
- Beef
- Offal ( kidney, heart, liver, brains, giblets, of any species – beef, lamb, chicken) – but in the total amount of meat that you give in a meal, offal is no more than 10-15% of that total amount. So if you were giving 100gms of meat, 90gms could be beef mince and 10gms could be some beef or lamb heart chopped up.

Preferably buy human grade meats. Ask your butcher if he makes up pet mince and what is in it. You do not want pet meats, if they have preservatives in them. Some pet meats have no preservative, the only commercial raw foods that do not have preservative are Vets All Natural, Raw Glut Free 76 for puppies,

<https://vetsallnatural.com.au/product/raw-76-for-puppies/> Prime 100 Range <http://prime100.com.au/> and Barf Patties <http://barfaustralia.com/>

You can use a mix of any of the meats

### Vegetables

Mixed vegetables, like broccoli, celery, carrot, zucchini, beans, kale, capsicum. You can lightly steam and then mash, or put raw into a blender with a little water, so it makes a puree. You could also steam and mash up some pumpkin and or sweet potatoe as part of the mix.

Vegetables that are green, yellow, orange are all good.

**DO NOT FEED : ONIONS, MUSHROOMS.**

Here is the table to work to. It is assuming your puppy is not overweight. If you feed raw meaty bones, say 3 x week, then reduce the meat protein. You need to weigh your dog every month and if your dog is getting fat, then reduce the amount you feed.

WGT OF YOUR DOG	MEAT AMOUNT If using offal, then no more than 15% of the amount below per daily allowance	VEGETABLE AMOUNT
6-10kg	300gms of meat	120gms
11-15kg	420gms	150gms
16-20kg	600gms	200gms
21-25kg	720gms	250gms
26-30kg	850gms	275gms

You will need a mineral/vitamin supplement – to be on the safe side and the one recommended is Health Booster by Vets All Natural, or Augustines Super Boost. The instructions on the container tell you how much to mix in with your dogs food.