



Leah is a 2 year old Red Border Collie. When Leah was about 6 months old I realized she tired too easily and didn't recover as quickly as expected after exercise. A visit to the vet resulted in her being diagnosed with a heart defect. There is no medication for her condition. The vet x-rayed her and gave her an ultrasound which seems to show a thickness in her chest. So we didn't get a clear result. The latest diagnosis is 'probably a leaking valve'.

A friend recommended natural therapies and took us to see Helen Anderson in April 2009. Helen used Bowen Therapy and Photonic Therapy (acupuncture using light) and did three treatments on her over a period of 6 weeks. She also suggested dietary changes and a number of supplements which we followed through with. Leah also needed to take homeopathic remedies as well, some before and after exercise, which Helen provided.

This has resulted in Leah having a better quality of life for the last year. She trains in Obedience, runs with our other dogs which we do limit. At home she is a normal mischievous 2 year old. I am no longer worried that every time she has a run with other dogs she is going to collapse.

At New Year she even went swimming in the surf and showed no signs of distress. Leah's condition has improved so much I no longer feel she requires to be given any testing or treatment by the vet.

Thank you Helen for your great work. By working with Leah you have given her a greater chance to live a long and happy life with us. We know if we are sensible and diligent with her supplements, homeopathic drops and monitor her exercise she will have the great quality of life that she deserves.

*Dot Luker, Blue Mountains NSW*