



Jasper is a 10yr old Maltese Terrier cross who suffered a soft tissue injury after an active game of ball. Jasper was not keen to bear weight through his left front leg and clearly was experiencing some pain in the shoulder region.

Helen assessed Jasper and commenced Bowen Therapy and Reiki.

Helen worked over Jaspers body with small movements. Improvement was evident after the first treatment with more willingness to take weight on his left leg. After the third treatment, Jasper was moving freely. Not only was he weight bearing on all four legs but his overall movement and muscle tone seemed improved.

Jasper has returned to being an active member of the family.

*Lydia Roberts, Penrith NSW*