



Jasper is an 18month old cross poodle.

When I first saw Helen he was 12 months old and had chronic skin problems with red blotches and blisters along his tummy and legs. This starting occurring when he was an 8 week old puppy and whilst cortisone and antibiotics would help for a while, the itching and skin rashes always came back and worse each time. I had blood tests to try and find out what the problem was, but the vet could not provide any clear answers and other than histamine injections and cortisone to help manage the condition there were no other options. I was not happy with long term cortisone use so looked for natural therapy approaches to help my puppy.

When I met Helen she took a full inventory of Jasper's lifestyle, his routines, what he ate, what was in his environment and other medications that he had. Using kinesiology Helen tested for allergens and the right foods for Jasper to eat and helped balance his immune system. She recommended particular diets and foods in addition to herbal remedies and vitamin supplements to help with Jaspers immune system and ridding the toxins in his body. Jasper also received Bowen Therapy and specifically lymphatic treatments again to help stimulate his immune system. Overall Jasper had three Bowen therapy and Kinesiology treatments over a course of 6 weeks and during that time, I followed through on the dietary and lifestyle changes in addition to the herbal and homeopathic remedies that Helen recommended. Improvement was noticeable within a month and after 3 months, Jasper skin and coat was back to normal and his itching was under control.

Now 7 months on, Jasper has continued to maintain this improvement.

*Jasmin Wilson Horsely Park , NSW*