



Helen treated my dog Cindy, a 12 yr old miniature schnauzer who had a back problem with pain in the left leg. Cindy would often be grumpy, withdrawn and was increasingly reluctant to go for walks. I had been to the vet to try and look at ways to alleviate the pain and improve mobility. Cindy had been on anti-inflammatories, with little improvement. After this initial improvement there was then further deterioration and I had to make the decision as to whether I would consider some complementary approaches.

Helen came to see Cindy in our home. She assessed her gait, muscle tone and movement. She also asked me about her lifestyle and her role in the family. Helen discussed Cindy's diet and the significance of Cindy's routines in terms of general wellbeing and coping with the ageing process. Following on from the initial assessment and discussion about Cindy, Helen then used both Bowen Therapy and Kinesiology to help with the physical and emotional problems. Within 24-48hrs after the treatment, Cindy was brighter and more willing to engage with the family and Casey, our other miniature schnauzer. She was also able to go for a brisk walk which she really enjoyed.

It is now three months since Helen treated Cindy and she has maintained the improvement and is no longer on anti-inflammatories. Friends of the family have been amazed at Cindy's improvement. Helens depth of knowledge, her ability to relate to animals and understand them and to pinpoint the key problems and issues that need to be addressed has been invaluable. I would highly recommend Helen and her services to anyone whose pet is a priority in their lives.

*Maxine Bachmayer, Killara NSW*