

CANINE NUTRITION

So you think your dog is getting a good diet?

Well lets have a look at what you currently feed your dog and then check this against our basic nutritional guide.

Let's start by assessing what your dog eats

Look at the food options below and tick those that you feed your dog and answer the questions



Processed Kibble Foods (including prescription kibble food)

What brand do you use?.....

What % of your dogs diet is kibble foods?

Processed

What brand do

What % of your



wet/canned foods

you use ?.....

dogs diet is canned foods?.....



Pet meats/rolls -commercial

What brand do you use?

What % of your dogs diet is meat rolls?.....



Raw Meat (chicken/beef/offal/lamb/roo etc)

Where do you purchase your raw meat?.....

What meats do you feed your dog?.....

What % of your dogs diet is raw meat ?.....



Cooked Meat

What meat do you feed your dog ?.....

What % of your dogs diet is cooked meat?



Grains (rice, corn, oats, barley, quinoa etc)

What grains do you feed your dog ?
How do you prepare and give to your dog ?.....
What % of your dogs diet is cooked grains?



Vegetables and fruits

What vegetables do you feed your dog?
Are they cooked or raw?.....
What % of your dogs diet is vegetables/fruits.....



Dog treats – commercial

What brand of treats do you give your dog ?
What % of your dogs diet is treats?

Are there other types of foods you give your dog that is NOT captured by the above categories ? Please list

.....

Tick the following option that best describes your own assessment of how nutritious your dogs diet is in promoting physical and emotional health and wellbeing

Very nutritious Reasonably nutritious Poor nutrition Have no idea

Now let's find out how much you feed your dog and what your dog weighs

1. Try and quantify how much you feed your dog each day ?.....
2. How much does your dog weigh ?
3. What shape is your dog? Look below and circle the one that applies to your dog

WHAT **SHAPE** IS YOUR PET?

A little extra weight can be a **BIG PROBLEM**. Check your pet's body weight today.

1	2	3	4	5
VERY THIN - 5% body fat	UNDERWEIGHT 5-15% body fat	IDEAL 16-25% body fat	OVERWEIGHT 26-35% body fat	OBESE 35%+ body fat
Consult your veterinarian.	Ask your veterinarian if you're underfeeding.	Great job. Keep doing what you're doing.	Increase exercise & consult your veterinarian about the right nutrition.	Can cause serious health problems. Consult your veterinarian about the right nutrition.
				