



I needed 2 dogs to travel by aeroplane, both were competing in Agility trials – Cricket is very noise phobic and Jak gets anxious when left by me and is also storm phobic. People suggested all sorts of drugs but I wanted something more natural, particularly as they were competing within 24 hrs of the flight. This was a good testing time as it was during the storms of early 2008. I approached Helen for her help. She met my dogs and suggested the use of essences, homeopathics and use of acupressure. Cricket upon taking the essences showed an improvement with noises and with the repeated use displayed not much reaction to storms. Jak showed instant response and whilst he acknowledged the storm, he was not distressed. I was ecstatic. Helen showed me some acupressure points that I used on both dogs and continue to use. My dogs and I travelled happily to Adelaide and competed successfully.

Happy to talk to anyone who requires more information.

Ronnalyn Shawyer, *Bargo NSW*